



# DJAES END OF THE YEAR SCHOOL COUNSELING REPORT 2023-2024



Jasmine Gomez School Counselor

## COUNSELING BY THE NUMBERS

### Classroom Lessons

176 Lessons

### Individual Counseling

170 Sessions

### Small Group Counseling

62 Sessions

### Conflict Mediation/Restorative

Circles  
30 Sessions

### PBIS/ Support Staff Meetings

23 Sessions

### Parent Notification/Contact

103 Calls/Emails/ Meetings

## CLASSROOM INTERVENTION: SECOND STEP

- Skills for Learning
- Empathy
- Emotion Management
- Problem Solving



## Small Intervention Groups

1st Grade Social Skills Group

3rd Grade BOYS Group

4th Grade Friendship Experiment Group

Types of Conflict Lesson

Restorative Circles

## Sown to Grow SEL Survey Pre/Post Data

Survey Results by Competency Area

● Fall SEL Survey ● Spring SEL Survey



## SCHOOL-WIDE ACTIVITIES

Red Ribbon Week

Kindness Week

Unity Day

BMX Show

Career Exploration

## Individual Counseling Needs

Social Skills

Self Control

Coping Skills

Family Separation Support

Anxiety Support

Friendship Support

Problem-Solving

Conflict Resolution

Identifying Feelings

## Lesson Topics Taught in 2023-2024

- Meet the Counselor
- Size of the Problem
- Respecting Others
- Showing Compassion
- Emotion Management
- Career Awareness
- Types of Conflict